

A photograph of a wooden desk with a light-colored wood grain. On the desk, there is a brown leather notebook with a small embossed logo on the cover. A black ruler with white markings is placed diagonally across the desk. An orange plastic chair is visible in the lower-left corner. The text "Thank you" is written in a large, black, cursive font across the middle of the image.

Thank you

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# 360 Degree Holistic Goal Setting

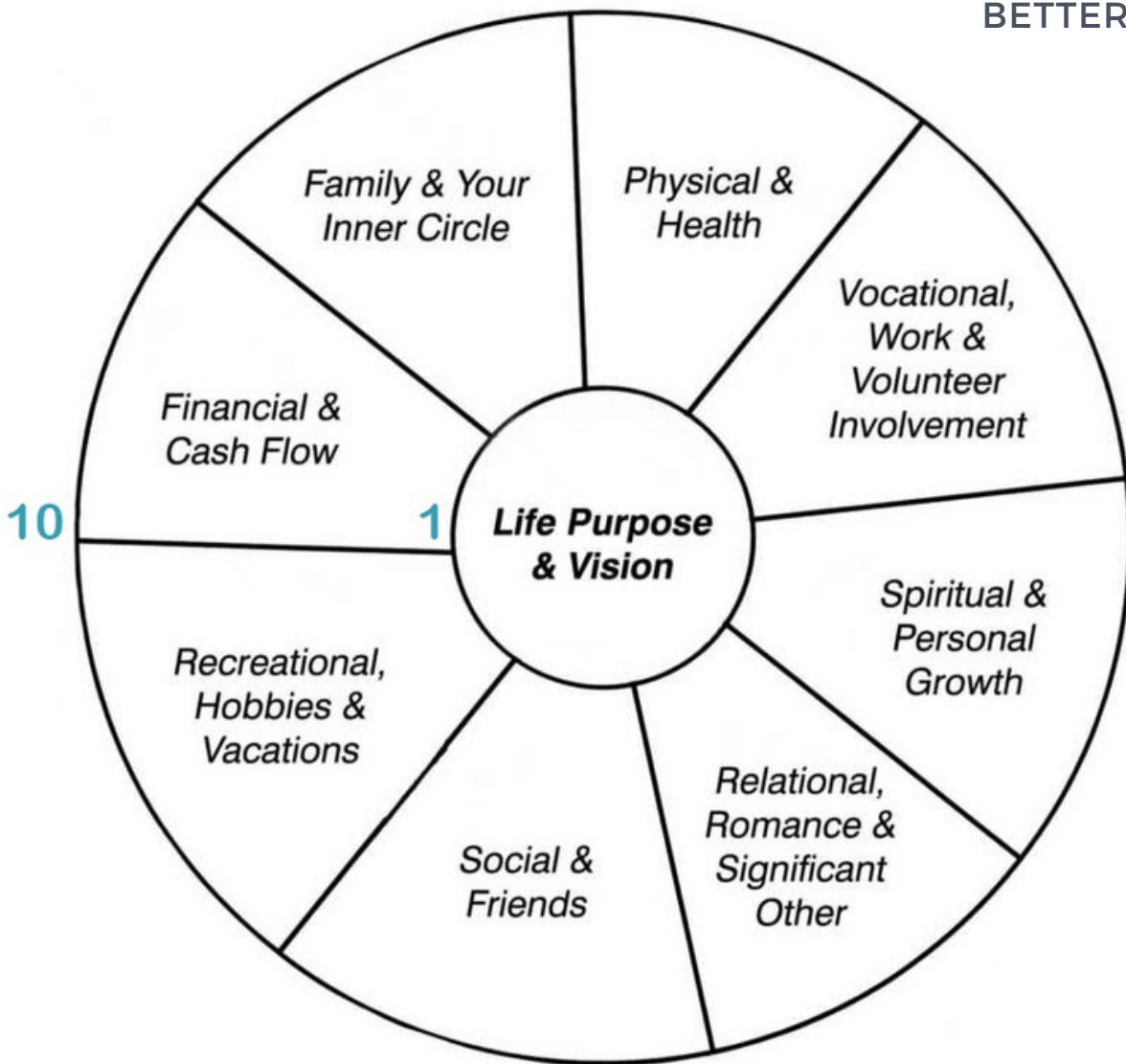
“Honesty is the first chapter in the book of wisdom.”  
Thomas Jefferson

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you to embark on this self adventure!

Print out the chart on Page 2, then join us at your personal  
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BETTER FOCUS  
BETTER PAY



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